Mental Health - Level 3 ONLINE

Extra title field

This is an online course, you can enrol and start at any time between the advertised start date and the end date.

How will the course benefit me?

Due to historical negative media coverage, the need for mental health awareness and support has never been greater. This online course will provide a thorough understanding of mental health and the importance of mental well-being. Split into five units, you will gain the knowledge and understanding required to work in a variety of roles within both the mental health and social care sector. The units will cover the context of mental health and well-being and the promotion of it, associated issues and consequences with mental health problems, understanding mental ill health and working in mental health.

What will I learn?

Unit 1: Understanding the context of mental health and well-being Unit 2: Promotion of mental health and well-being Unit 3: Mental health problems: associated issues and consequences Unit 4: Understanding mental ill health Unit 5: Working in mental health

Career Opportunities

This course supports progression onto a range of other CPD online courses. Or you may be interested in our range of online Level 2 vocational courses that are also on the EQUAL online learning platform.

Assessment / Exam

You will complete an online portfolio of evidence demonstrating how you meet the qualification criteria. The average time to complete this online course is 12 weeks you may however complete in fewer weeks or it may take you longer. It will depend on your commitment to the course. You will however be expected to complete all assessments within the academic year you commence the course in.

Entry Requirements

Spoken and written English at Level 2 and be a confident IT user - experience in using web-based portfolios would be beneficial. You will also need to be be motivated to undertake personal study and homework of at least 3 - 5 hours each week and be willing to participate in occasional online tutorials if required. You will need an email

address to use the EQUAL online learning platform.

Additional Material Cost

To fully participate in this FULLY ONLINE COURSE you will need: - a PC/laptop/tablet with a fully updated browser (preferably Google Chrome) you will need access to a reliable internet connection.

Health & Safety

You will be need to be familiar with staying safe while learning online. If you have not completed any online-safety training it would be beneficial to complete an online safety module. You can find modules here https://www.learnmyway.com/subjects/online-safety/ . You can register for free using our log in 3453711. You will need to use your personal email to account to to access the EQUAL secure online learning platform. Depending on the course you are enrolled for you may need a private space while participating in the online part of the course.

How will the course be delivered?

You must have access to the internet and a suitable device, preferably a PC or laptop to enable you to access the EQUAL online learning platform. You will be given access to online workbooks and materials which will take you step by step through the course and help you to develop independent learning skills. You will be supported by an experienced assessor who will contact you at the beginning of the course and provide feedback on the assessments you complete via the EQUAL online learning platform, at various intervals throughout the course. You will receive email reminders from the EQUAL platform when assessments are due. All evidence is submitted through a web-based portfolio.

Marketing Image

Online