



Alcohol Awareness – (CPD certified) ONLINE

What will I learn?

How to use the EQUAL online learning platform to complete tasks and assessments. Section 1: Alcohol unit strengths This section covers the unit strengths of different alcoholic drinks. Section 2: Alcohol misuse You will identify the main reasons why people may misuse alcohol. Section 3: Effects of alcohol misuse In this section, you will learn about some of the psychological and physical effects of alcohol misuse. Section 4: Health issues This section covers the ways in which alcohol misuse can impact on health, such as nutrition, the liver, the heart, mental health and sexual health. Section 5: Withdrawing from alcohol You will develop your knowledge of the effects of withdrawing from alcohol. Section 6: Help and information In this section, you will cover the sources of help and information in relation to alcohol abuse.

Entry Requirements

Spoken and written English at Level 2 and be a confident IT user - experience in using web-based learning would be beneficial. You will also need to be motivated to undertake personal study. You will need an email address to use the EQUAL online learning platform

Assessment / Exam

You will complete online evidence demonstrating how you meet the course criteria. The average time to complete this online course is 2- 6 hours you may however complete in more or less time. It will depend on your commitment to the course. You will receive instant feedback from auto marked assessments. At the end of the course you will receive a your personalised Official CPD certificate

Career Opportunities

This course supports progression onto a range of other CPD online courses. Or you may be interested in our range of online Level 2 vocational courses that are also on the EQUAL online learning platform.