



Manual Handling Safety at work (CPD Certified) ONLINE

What will I learn?

How to use the EQUAL online learning platform to complete tasks and assessments. Section 1: The reasons for safe manual handling This section covers the injuries and ill health associated with incorrect manual handling, the employers' and employees' duties and the consequences for non-compliance with health and safety requirements at work. Section 2: How manual handling risk assessments contribute to health and safety You will develop your understanding of the hazards and risks in manual handling work, the process for carrying out a manual handling risk assessment and the principles of the risk control hierarchy for manual handling. Section 3: Principles, equipment and testing requirements for manual handling safety In this section, you will cover the principles of safe movement for manual handling, the types of equipment used for manual handling tasks and the requirements for testing, servicing and examining manual handling and lifting equipment. Section 4: Applying safe manual handling principles This section covers efficient and safe manual handling principles, including moving a load manually on your own, using manual handling aids and equipment, and undertaking a manual handling task as part of a team.

Entry Requirements

Spoken and written English at Level 2 and be a confident IT user - experience in using web-based learning would be beneficial. You will also need to be motivated to undertake personal study. You will need an email address to use the EQUAL online learning platform

Assessment / Exam

You will complete online evidence demonstrating how you meet the course criteria. The average time to complete this online course is 2- 6 hours you may however complete in more or less time. It will depend on your commitment to the course. You will receive instant feedback from auto marked assessments. At the end of the course you will receive a your personalised Official CPD certificate

Career Opportunities

This course supports progression onto a range of other CPD online courses. Or you may be interested in our range of online Level 2 vocational courses that are also on the EQUAL online learning platform.