



## **Mental Health Awareness - Level 2 Certificate ONLINE \***

### **What will I learn?**

- How to use the EQUAL online learning platform to complete tasks and assessments.
- How to use Google Education suite (email, online video conferencing, uploading coursework)
- How to recognise signs, triggers and symptoms of mental ill-health
- how to manage and support adults experiencing mental ill-health

Section 1: What is meant by mental health  
Section 2: The social and personal effects of mental ill health  
Section 3: The responses to mental health issues  
Section 4: Cultural diversity in relation to mental health issues.

### **Entry Requirements**

Spoken and written English at Level 2 and be a confident IT user - experience in using web-based portfolios would be beneficial. You will also need to be motivated to undertake personal study and homework of at least 3 - 5 hours each week and be willing to participate in occasional online tutorials if required. You will need an email address to use the EQUAL online learning platform.

### **Assessment / Exam**

You will complete an online portfolio of evidence demonstrating how you meet the qualification criteria. The average time to complete this online course is 12 weeks you may however complete in fewer weeks or it may take you longer. It will depend on your commitment to the course. You will however be expected to complete all assessments within the academic year you commence the course in.

### **Career Opportunities**

This course supports progression onto a range of other CPD online courses. Or you may be interested in our range of online Level 2 vocational courses that are also on the EQUAL online learning platform. This course supports progression onto a range of other vocational courses. You may also be interested in our range of CPD workshops and short courses